

Behaviour Recording Chart

Day	Date	Start + End Time	Location of Incident	No. of people around	Behaviour Category Code (see below)	What was the person doing at the time of incident?	What happened? (please give as much detail as possible – even if it doesn't seem immediately relevant it may be useful)	To whom or what was the behaviour directed?	Consequence of behaviour for the patient.	Patient's Reaction

Please try to fill out all of the sections. By providing as much detail as possible, you may be able to spot triggers for challenging/inappropriate behaviour which are not immediately obvious.

Behaviour Category codes: 1.Verbal abuse/threat 2.Physical aggression directed towards person(s) 3.Physical aggression directed towards environment 4.Self-injurious behaviour 5.Sexually inappropriate behaviour 6. Other behaviours